

ISSUE 91 AUTUMN 2023

WWW.HEDGEEND-TC.GOV.UK

GAZETTE

FREE

HEDGE•END
TOWN COUNCIL

**Carnival Highlights ...
but fears for its future?**

**Flying The Flag
for the
Environment**

Who Do You Think You Are?

Discover your family's history at Hedge End Library

**Nature's
Helpers in
Hedge End**

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OFFERS
FACE TO FACE
SUPPORT
TO RESIDENTS**



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HEDGE END TOWN COUNCILLORS



Hedge End Town Council Wards



Berry
Leigh Hadaway
07429 097379



Berry
Lucy Jurd
07730 072606



Berry
Rupert Kyrle
02380 407045



Berry
Ron Nichols
07981 852901



Park
Ian Corben
07561 343858



Park
Dave Kinloch
07875 232557



Park
James Mitchell
0800 316 3435



Park
Chair: P & R*
Derek Pretty
01489 797213



Kings Copse
Chair: H & P*
Paul Carnell
01489 785216



Kings Copse
Tonia Craig
02380 404680



Kings Copse
Chair: Personnel & Strategy Committee
Keith House
07768 357918



Kings Copse
Cliff Morris
07848 946822



Kings Copse
Chair of Council
John Shepherd
07879 836282



Village
Margaret Allingham
01489 798646



Village
Helen Corben
01489 692406



Village
Cynthia Garton
01489 797213



Village
John Jupe
01489 780293



Village
Chair: R & A*
Jane Welsh
01489 784962

P & R* = Policy & Resources Committee **R & A*** = Recreation & Amenities Committee
H & P* = Highways & Planning Committee

(Email: Firstname.Lastname@hedgeend-tc.gov.uk)

Hello From The Chair



WELCOME to the Autumn Edition of The Gazette. As I write this article, it seems that Summer has already passed by and it will not be long before shops start filling their shelves with Christmas merchandise.

Where has this year gone? Autumn, though, is not just a season filling that awkward gap between the highs of Summer and Christmas, but it also has much to offer and celebrate.

First and foremost, I would like to congratulate Cllr. Jane Welsh on her 40 years on Hedge End Town Council. That is an absolutely astonishing achievement and an example that we would all do well to follow.

Within this edition of the Gazette we take some time to celebrate some of the other incredible service undertaken by members of our community.

The Citizens Advice team work in the heart of Hedge End providing invaluable support to many people and the Hedge End Conservation Volunteers work hard to protect and enhance our green spaces.

The Hedge End Carnival Committee does so much in organising treasured events in our annual calendar, such as the Carnival itself, the November Fireworks and associated Fun Fair. New volunteers are desperately needed to join the Committee to help organise these events. Unfortunately, without people coming forward, this year's Carnival may be the last - so if you are able to offer your help, please get in touch with them.

Looking into November, there is the Remembrance Day Parade and the Christmas Lights Switch On. As Chair, it will be my honour to represent the Town Council at these events.

May I wish you and your families all the best for the forthcoming months.

Cllr. John Shepherd, Chair of Council

The Town Clerk's Desk



THIS EDITION of the Gazette features some excellent community engagement and provides a snapshot of the variety of volunteering that takes place for the benefit of others.

I echo Cllr. John Shepherd's comments in celebrating the members of the community who give so much. Often these are the same people time and time again. Without the support of volunteers, many of the groups and activities simply would not be possible. Through volunteering, Hedge End residents are provided with diverse and varied opportunities to come together or indeed enjoy events such as the Carnival.

National statistics indicate that volunteer participation (only 16% of people) is less than it used to be, so if you think you could give some time to the community why not consider one of the many activities/groups in desperate need of help to keep them going. Equally, if you know of someone who volunteers and would like them to be recognised, nominate them for our Serving the Community Award and they could be presented with a £100 gift voucher of their choice.

Volunteers really are the unsung heroes of a community, and it would be great if you could join us in celebrating their successes.

The change in weathers between years certainly keeps the Grounds Staff on their toes, as this year the grass has been growing at an exceptional rate compared to last year when it was cinders.

Also, you will start to notice the hedgerows are being cut following the bird nesting season and this work will continue over the Autumn months. If you notice hedges that have not been cut, we will be getting round to them.

Autumn also means planning for events such as Remembrance Sunday and the Christmas Lights Switch On - more about these on pages 5 & 7.

We are still looking for people to join our facilities team, managing our buildings. We can offer a variety of hours from weekends, part time or full time. If you think you might be interested, please give us a call or take a look at our website www.hedgeend-tc.gov.uk

Sarah Jelley, Town Clerk

Flying the Green Flag



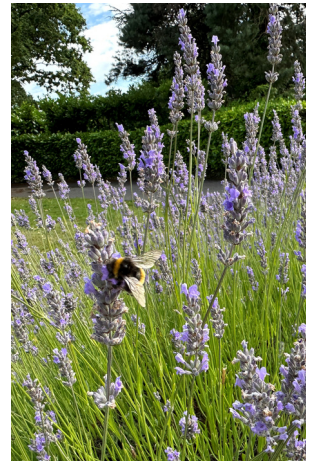
L-R Grounds Team Leader Ken (standing), Grounds Person Alex, Grounds Person Martin, Cllr. Margaret Allingham, Cllr. Jane Welsh, Litter Picker Graham, Cllr Paul Carnell, and Assistant Grounds Person James

THE BEAUTIFUL Albert Road Cemetery and War Memorial Gardens have once again won a prestigious environmental award, establishing their place amongst some of the country's best green spaces.

In granting the Green Flag Award for the 14th year running, judges said the attractive, interesting areas met the highest standards and were very well maintained.

Cllr. Jane Welsh, Chair of Hedge End Town Council's Recreation and Amenities Committee, said "We are so delighted to win this award for another year and proud of our hardworking staff who put so much care into looking after this special area where people come to pay their respects."

The Green Flag Award scheme, run by environmental charity Keep Britain Tidy, recognises and rewards well-managed parks and green spaces, setting the benchmark standards across the United Kingdom and around the world.



The Town Council's aim and vision is to provide the highest quality service as a Burial Authority, not just as an essential amenity at the most sensitive and demanding time, but also in providing a peaceful and tranquil place of rest that can be visited for its beauty, wildlife and quiet contemplation.





EVERY WEDNESDAY
10am until 3pm
Former Budgens supermarket site, SO30 4DY



WE ARE HIRING!

FACILITIES OPERATIVE
PART TIME & FULL TIME VACANCIES

We're looking for friendly, reliable and enthusiastic people to join our Facilities Team. Duties will include a range of cleaning and caretaking roles including opening halls to hirers and providing excellent customer service.

SALARY RANGE £20,203 - £21,438 PRO RATA
PAY RISE PENDING



Please call 01489 780440 or visit our website:
www.hedgeend-tc.gov.uk/the-council/jobs

Be Our Cover Star!



Photography Competition 2023

WE WISH to celebrate the wonderful community we live in and showcase the talents of amateur photographers in our town with our 2023 Photography Competition.



The winning entry will feature on the front cover of the Winter Gazette in December.



The winner will receive a £50 gift voucher of their choice, courtesy of Trethowans Law Firm.

The Competition runs from Monday 11th September until midnight Sunday 5th November 2023.

The image must be captured in Hedge End and can be taken on cameras or mobile phones but they will need to be submitted digitally, a minimum of 2MB in size. The image should fit on a portrait page for the Gazette front cover.

While there are no restrictions on when the photo was taken, please bear in mind that the winning entry will feature on the front cover of the Winter Gazette, so must feel appropriate for this time of year.

We look forward to seeing your entries – Good Luck!

For details on How to Enter and our full Terms and Conditions a please see our website
www.hedgeend-tc.gov.uk/photographycompetition

TRETHOWANS

HEDGE-END
TOWN COUNCIL

CHRISTMAS IN HEDGE END

BRING the whole family and enjoy the sights and sounds of Christmas when we turn on the festive lights in Hedge End!

This year's event takes place on the Village Green and in the Co-op car park off Freegrounds Avenue and will feature entertainment, a Christmas Market and Hedge End Rotary will be helping Santa in his Sleigh as he poses for photographs with the children.

The fun starts from 4.30pm, with the lights Switch On taking place at the bandstand at 6pm. Join the Mayor of Eastleigh Cllr. Nick Couldrey, Chair of Hedge End Town Council Cllr. John Shepherd and the Carnival Court as they light up the Christmas tree and surrounding area.

Please keep an eye out for more details nearer the time on our Facebook Page @HedgeEndTC and our website

To enquire about having a stall at the Christmas Market please email market@hedgeend-tc.gov.uk

HEDGE-END
TOWN COUNCIL

Christmas Lights Switch On

THURSDAY
23RD NOVEMBER
FROM 4.30PM
SWITCH ON 6PM

JOIN THE MAYOR OF EASTLEIGH,
THE CHAIR OF HEDGE END TOWN COUNCIL
& THE CARNIVAL COURT
IN LIGHTING UP THE CHRISTMAS TREE.

Entertainment, Christmas Market plus
Santa in his Sleigh.

FORTY YEARS OF SERVICE

Councillor's milestone achievement

FORTY years on from when she was first elected, Cllr. Jane Welsh says she feels privileged to still be representing the people of Hedge End.

With prominent roles on the Carnival and Village Hall Committees, the hard-working bank clerk was already well-known within the community when she took her place on Hedge End Parish Council, as it was known in 1983.

"I wasn't sure if I would be any good as a Councillor, but I knew I'd put my heart and soul into it," said Jane. "I am very proud of Hedge End and determined to always do the best that I can for people."

Remarkably, Jane has now served for almost a third of the existence of the Council, which was established in 1894. She has been elected Chair of the Council three times and has spent many years as Chair of the Recreations and Amenities Committee responsible for outdoor spaces, including the parks, allotments and the Albert Road Cemetery.

Spending most of her childhood in the Orkney Islands, she moved to Hedge End aged 18 when her stepfather became Headmaster of St John's Infants and Junior School based in what is now known as the Old School House. She married Len and they had three children, Christopher, Elizabeth, who tragically died at just six weeks old, and Frances.



When it came to light that 30 stillborn babies had, in the past, been interred at the Albert Road Cemetery on unconsecrated ground, Jane was instrumental in the Town Council's decision to hold a Dedication Service and commission a beautiful memorial stone depicting an angel, with the words "For All Babies Born Asleep 1932 – 1983".

As well as representing the Town Council, Jane went on to join Eastleigh Borough Council, sitting as a Liberal Democrat, and has been Mayor twice, raising funds to build the bandstand in the village centre in 2017.



Clockwise from top left: Cllr. Jane Welsh soon after she was elected in 1983; in her garden in Hedge End; as Mayor of Eastleigh; with her beloved late husband Len in the Orkney Islands.

Jane's father was killed in the Second World War when she was just a small child and she has worked tirelessly to raise thousands of pounds for the Poppy Appeal. Last November she was invited as a special guest of the Royal British Legion to attend the Festival of Remembrance at the Royal Albert Hall in recognition of her exceptional 50 years of fundraising.



Cllr. Welsh at the Festival of Remembrance

Chair of Hedge End Town Council Cllr. John Shepherd said "Jane has selflessly worked for our community for forty years. Her contribution to our lives in our local area extends far beyond her Council involvement, including organising the local Poppy Appeal on behalf of the Royal British Legion. Her service is an example to us all."

Forty years ago, Hedge End had a population of 3,000. Now there are more than 23,000 residents living in the town.

"The time has flown by, but I still love being a Councillor and doing what I can to help and I hope people think I am doing a good job," said Jane. "So much has changed in Hedge End, but there is still a real community spirit here and I really hope it's a place where people enjoy living. I know I certainly do."

Giving Nature A Helping Hand

BAMBOO may look pretty in a garden, but it can be a menace in a natural setting. This fast-growing, invasive plant can gradually push out our native species, taking away light and expanding over woodland floors.

The Hedge End Conservation Volunteers have been tackling large clumps of bamboo at the Woodland Walk in the Wildern Local Nature Reserve. Working with the Council's grounds staff, they have been cutting down the plants to stop them spreading and encourage native shrubs like brambles to grow, which are much better for our local wildlife.

Volunteer Julie said "It's hard work but extremely satisfying to see the difference we have made in a morning."

"I am passionate about encouraging biodiversity and I have learned so much whilst volunteering with this group. It's great exercise too!"

If you would like more information on the Hedge End Conservation Volunteers please see our website:
www.hedgeend-tc.gov.uk/the-council/volunteering



Conservation Volunteers Robin, Julie and Terry tackling the invasive bamboo.

Brambles, with their juicy blackberries, provide food and habitats for nesting birds, small mammals and reptiles whilst their flowers are enjoyed by the bees and butterflies.



HEDGE-END
TOWN COUNCIL

Serving the Community Award & Young Person's Serving the Community Award (under 25s)

We have so many fantastic people in Hedge End selflessly making life better for others, whether running a group or club, helping out at home or generally going above and beyond.

Now's your chance to nominate them for an award! It's quick and easy and the winners will receive a gift voucher of their choice.

Closing Date: 31st January 2024

For more details see www.hedgeend-tc.gov.uk

HEDGE-END
TOWN COUNCIL

REMEMBRANCE DAY PARADE

SUNDAY 12TH NOVEMBER

Parade begins at 10.30am.
Meet at 2000 Centre Car Park,
St John's Road, from 10am.

Join us at 11am for the
Annual Service of Remembrance,
at the War Memorial, St John's Road.

Please let us know if you wish to lay a
wreath by calling us 01489 780440.



Carnival Capers



Fantastic Event but Future in Jeopardy

THE SUN shone on the 102nd Hedge End Carnival as more than 20 groups and bands of all ages took part in the much-loved procession.

Carnival Committee Secretary Rachel Booth said "On behalf of the Committee I would like to offer a huge thank you to the people of Hedge End who supported us leading up to Carnival and on the day. We could not do this without the volunteers, the participants, Hedge End Town Council, Eastleigh Borough Council and the tireless efforts of Committee members and their families.

"Bringing the community together and witnessing the enjoyment experienced makes it all worthwhile. However we desperately need more Committee members as, if not, I fear this may be the last year for the Carnival."

If you would like to volunteer and help secure the Carnival's future, please see www.hedgeendcarnival.org.uk or their Facebook page @Hedge End Carnival





Hedge End Carnival Committee Presents ...

Fireworks and FunFair

Saturday 11th November

7 - 9pm

at Greta Park

Tickets £5 adults Under 14s free

(Funfair not included)



Barn Dance

Saturday 18th November

7.30 - 9pm

at Hedge End Village Hall

(Over 12s)

Tickets £10

For more details and to book see www.hedgeendcarnival.org.uk

Discover Your Past at Hedge End Library

TRACING her ancestry, Yvonne Maudsley discovered a shocking story of cannibalism in her family's history. She found she was related to 17 year old Richard Parker who left Southampton onboard the ship Mignonette in 1884. When it was hit by a fierce storm the four crew members took to a lifeboat but, as supplies ran out, Richard Parker was killed by the captain so the others could stay alive.

Yvonne, who is 84 years old, runs the Genealogy Group at Hedge End Library, where her team help people research their family histories ... with hopefully happier outcomes.

"Once you start delving into your past it can be fascinating," said Yvonne. "Everyone goes away finding out something they didn't know. There's always something that's surprising."

Along with Yvonne there are five helpers, who are all volunteers, who have access to research websites, some of which are only available via libraries.



Genealogy Group researching family histories



Genealogy volunteers Rod, Chris, David and Yvonne

Yvonne has also discovered she's related to Tom Parker, who was a former Southampton Football Club manager in the 1930s and Owen Parker who was former Prime Minister Ted Heath's sailing master on his Morning Cloud yachts.

"We helped one person who then went onto the ITV programme Long Lost Families and found her brother," said Yvonne.

The group started in 2009 and is more popular than ever. Anyone who would like to sign up needs to visit the library on a Wednesday morning between 9.30 - 12 noon and Yvonne will look at booking them in for a session on a future date. The group asks for a £2 donation.



10K Road Run

RUNNING shoes at the ready ... as the Ageas Bowl 10K takes place this Autumn on Sunday 8th October.

The race starts and finishes at the world famous stadium and takes competitors through along a fast, flat, undulating course with a lap of the playing area to finish. It's being organised by Hedge End Running Club and Running Mania and will support the Hampshire Cricket Foundation.

For more information please scan the QR code
www.runningmania.co.uk/ageasbowl10k



*British Summertime Ends
Sunday 29th October*



**CLOCKS GO BACK
ONE HOUR**

BREATHE EASY TOGETHER

ECHOES of laughter and positive energy can be heard coming from the Underhill Centre during the weekly meetings of Breathe Easy and Friday Fitness - a support group primarily for people living with lung conditions and their caregivers in Hedge End.

The group began as a monthly session backed by the charity Asthma and Lung UK catering for individuals with a variety of respiratory ailments, including asthma, Chronic Obstructive Pulmonary Disease (COPD), bronchiectasis, Idiopathic Pulmonary Fibrosis (IPF) and other lung diseases.

However, it was so successful that organiser Celia Farmer and the members decided to keep it going on the other weeks as Friday Fitness and extend it to anyone who wants to get together and take some gentle exercise.

Celia, who is 80 years old, said "It's such a welcoming group where you can come and make new friends with people who know what you're going through and you can learn more about living with a lung condition. I guarantee you'll always feel better at the end of the session than you did when you arrived!"

Research shows that people attending a Breathe Easy group have a significantly greater quality of life than those who don't take part in anything similar.

June, who has been coming to the group since 1990, said "My consultant said that this group has kept me alive. It's made that much of a difference to me."

The sessions provide an opportunity for members to hear from local specialist speakers, take part in breathing exercises as well as seated physical exercises using resistance bands and enjoy a visit from a personal trainer once a month.

Celia was diagnosed with COPD 14 years ago and is determined to help others, some of whom may be struggling.

She said "When you have a lung condition it can feel totally isolating and really affect your confidence to go out and about, especially if you have trouble walking. We are a really social group who provide invaluable support to each other. We go on short breaks – we recently went on a coach trip to Poole – we have quiz nights and there is a lot of laughter."



Celia Farmer

There are more than 20 people in the group, which is open to anyone over the age of 18. People can bring carers, friends or relatives along with them.



Breathe Easy and Friday Fitness meets at the Underhill Centre at St John's Church at 2pm on Fridays. For more information please contact Celia on 01489 573321. They are holding a fundraising quiz night on Friday 15th September. Tickets £5, including a ploughmans supper.



Here to Help in Hedge End

Weekly drop-in sessions available in the village centre

THE PHONELINES at Citizens Advice are the busiest they have ever been as people struggle with the cost of living and the anxiety that can bring. However, confidential help is also available once a week in person at the outreach centre in the heart of Hedge End.

Whether it's money matters, relationships, employment, issues with renting, disputes with a neighbour or practically any problem you can think of - a friendly, knowledgeable advisor is on hand at the United Reform Church in St John's Road every Thursday morning.

Bella Crawford, Chief Officer of Eastleigh Citizens Advice which operates the Hedge End service, said: "We're making sure that we are there for the community, in their community."

Bella describes the service as small but very effective. "In the last financial year in the Eastleigh region, we put an extra £6 million in people's pockets through unclaimed benefits and other ways and helped get over £500,000 in debt written off."

"I would have been stuck in lots of debt and homeless if it was not for this service. It completely saved me"

Local Client

Advisor Simon has been with the Citizens Advice charity in Hedge End for five years. He said "For some of the people who come to see us, it's the first time they have sat in front of someone who will really listen."

"People often put off doing something, especially over money worries, and consequently come at the eleventh hour. We say come now. Come and see us as early as possible as there's always something that can be done to help."



Bella, Victoria and Simon at the Hedge End outreach centre

Citizens Advice prides itself on offering free, impartial, independent and confidential information and advice.

With the help of Victoria, who has come to Hedge End from Ukraine, the centre operates on a drop-in basis with no appointment necessary. They can help with all sorts of issues, but especially:

- Making sure people are on the right benefits and troubleshooting issues.
- Helping with debt, bailiffs and unpleasant letters asking for money.
- Problems connected to homes like rent increases, disrepair and neighbourhood issues.
- Work issues such as not being paid, dismissal, redundancy and rights.
- Relationship breakdowns and issues with housing, money and child access.

Hedge End Citizens Advice is open every Thursday from 10am - 12 noon at the United Reform Church, St John's Road, SO30 4AB.

Citizens Advice Helpline 10am - 4pm: 0808 278 7862.

Consumer Helpline: 0808 223 1133

The website is full of information www.citizensadvice.org.uk or scan the QR code. Please see the website for volunteering opportunities.



Shocking Consequences of Speeding

by Steve Cluer and Stuart Pretty from



THE ROLE of Community Speedwatch is to support both Hampshire Police and the community in which we live, trying to make the roads safer by reminding people of the speed limits.

Please remember that speed limits are not target speeds and driving speeds should reflect the road conditions at the time paying due regard to weather, pedestrians and other vehicles.

If you are running late and speed up, the consequences of an accident can be life changing for you as the driver and for any other road users, pedestrians or cyclists.

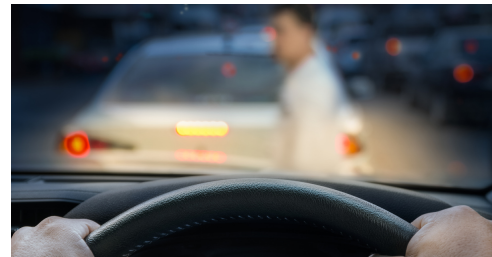
A vehicle travelling at 20mph would be able to stop if a child ran out 3 car lengths in front, whereas at 25mph the child would almost certainly be hit.

A pedestrian hit at 30mph has a 1 in 5 chance of being killed; at 35 mph a 1 in 3 chance; at 40mph it is almost certain death.

The good news is that it is becoming clear that the message is getting through.

A couple of years ago it was not unusual to collect details of 40 to 50 drivers who broke the speed limit in one problem area – recently at the same spot, five drivers were identified.

It's clear, though, that our work is not done as there are many roads which still suffer speeding traffic.



We have 17 volunteers for the Hedge End Police Sector consisting of six local council areas. We collect data on problem areas and identify the drivers. The police then send warning letters, with a visit for any repeat offenders.

Community Speedwatch welcomes new volunteer recruits. If you'd like more information, please email: speedwatch@hampshire.police.uk

Get Up and Go for

SWIMMING is a great all-round form of physical activity in any weather. It's ideal if you want to be more active and stay healthy, whatever your age or fitness level.

NHS England recommends swimming as a great way of working towards your recommended level of physical activity. Regular swimming is proven to reduce your risk of serious illnesses, like heart disease, type 2 diabetes or stroke. It can help people to lose weight, improve general flexibility, increase strength and improve mobility. Exercising in water means reduced strain on your joints which makes swimming popular with older people and those with mobility problems.

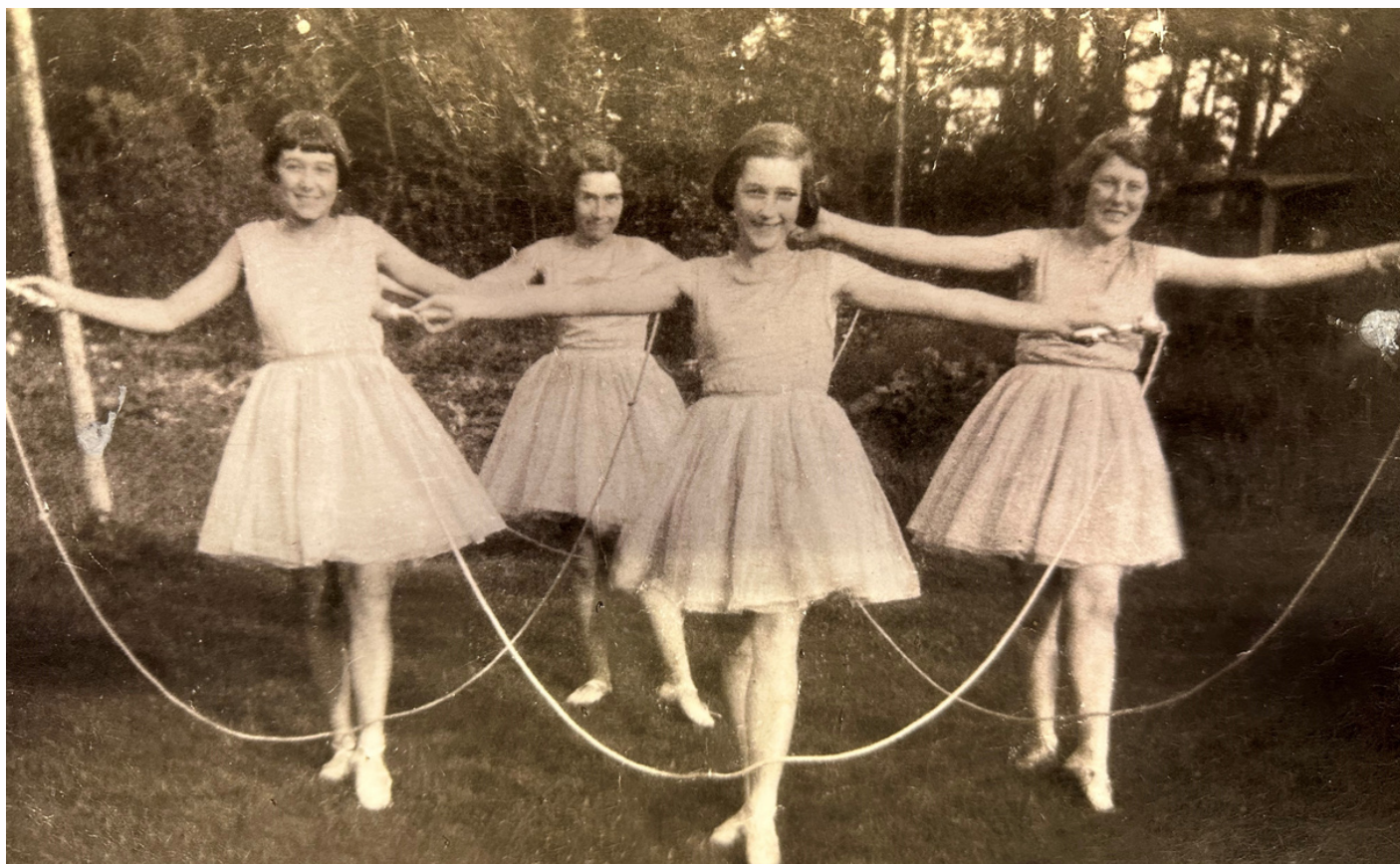
As well as improving physical health, swimming can also boost your mood and reduce stress levels to improve your mental wellbeing.



The Wildern Leisure Centre in Hedge End has a 25 metre main swimming pool and a smaller learner pool. You don't have to be a member to swim. They also offer swimming lessons for both adults and children and have a competitive swimming club Wildern Waves.

Wildern Leisure Centre, Wildern Lane, SO30 2GW.
www.wildernleisurecentre.co.uk
 Tel: 01489 787128

Girls' Friendly Society



Hedge End Girls' Friendly Society members L-R: Vera Benoit, Phyllis Small, Beryl Abraham and Martha Chalk Ralph in the front.

ESTABLISHED in 1875, the Girls' Friendly Society is one of the oldest registered charities working to support girls and young women in England and Wales.

The GFS, as it's known, had groups all over the country, including Hedge End. The girls used to meet in St. John's Rooms in St John's Road, now the home of the Little Acorns Children's Day Nursery. The Hedge End team used to win competitions and travel up to London to perform with the Society.

Martha Chalk Ralph was an enthusiastic member of the Hedge End GFS in the 1930s. She writes about her time there in her memoirs:

"I belonged from an early age to the Girls' Friendly Society or GFS as it was called. A lady known as Mrs Lewry, whose husband kept a butcher's shop, taught us dancing, skipping and keep fit to music.

We gave concerts in the local halls and the vicarage fêtes, also there were competitions between other GFS groups as the movement was worldwide.

"On one occasion we had to go to London was we had won our heats and came second to all England and then we took part in a skipping Gala at the Royal Albert Hall.

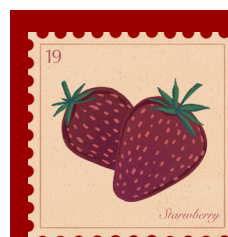
I had a Performers Pass Certificate but over the years moving several times it has vanished. Whilst at the GFS we also put on Plays and Sketches."

The GFS is still in existence today, but there is no longer a Hedge End group.

Our thanks to Keith Elliot for the photograph and details from his mother Martha Chalk Ralph's memoirs.



St John's Rooms today: now Little Acorns Day Nursery.



Do you have an interesting story to tell about Hedge End which could feature on our History Page? If so, please email marketing@hedgeend-tc.gov.uk or call us on 01489 780440.



WHAT'S ON

As we move into Autumn, how about joining a club or taking up a new hobby or sport? Please use the contact details on our What's On guide to make sure each club is running and accepting new members.



ARTS & CRAFTS

Arts & Craft Club

Demos & outings
Tuesdays 1 - 3pm
Hedge End Village Hall
Call Vicki 07494 595133
Jo 023 8046 4170

Calligraphy

Beginners welcome
Wednesdays 1.15 - 3.15pm
2000 Centre
mary.noble@btinternet.com

Steppin' UP

Steppin' UP - street, hip hop and commercial dance classes. Wednesdays. Salvation Army Church. For children and adults. Call 07833 515839
www.steppinup.co.uk

New Music Makers

SATB Choir
Thursdays 7pm
Hedge End Methodist Church
Call 023 8049 0450



MUSIC & DANCE

Sally Johnson Dance Academy

Ballet, Tap, Modern
Saturdays 9am - 12pm
Drummond Centre
Call 023 8025 5415

Performing Arts Company Youth Drama (ages 14-30)

Sundays
Old School House
Call Barbara 01489 690140

Glee Club

Mondays 7.15 - 8.45pm
Singers all ages & abilities
Drummond Centre
Call 07810 127351

West End Singers - Mixed Voice Choir

Wednesdays 7.45pm
2000 Centre
www.westendsingers.co.uk
Call 023 8040 4881



SPORT & EXERCISE

Dragon Choi Kwang Do

Thursdays 7pm
2000 Centre
Call Martyn 07926 564884

Lauren Gray Yoga

Mondays 6.30pm
2000 Centre
Call Lauren 07495 446379

Over 50s Flexercise

Weds 10am and 11.15am
Hedge End Village Hall
Call Carol 01489 781616

Hatha Yoga

Mon and Weds evenings
Turnpike Pavillion
Call Laura 07866 459208

Pilates - Move With Mollie

Classes Monday - Friday.
Various times and locations (and Zoom). All Ability.
Facebook: @MoveWithMollie
Email: info@movewithmollie.co.uk

Yoga-based Pilates

Mon 10am, Fri 10am
Village Hall. All ages/abilities
Call Elaine 07967 631739

U3A Gentle Exercise

Wednesday mornings
Village Hall
Call Joan 01489 798233

Hedge End Indoor Bowls

All abilities. Weds 2-4pm and Sundays 7-9pm. Free taster sessions. Call Paul 07914 987581

Seniors Table Tennis

Thursdays 2.30 - 4.30pm
2000 Centre
Call Penny 01489 788237

Zumba Kids with Janine

Saturdays
9.15am: 4-7 year olds
10.05am: 7-11 year olds
Norman Rodaway Pavilion
Call Janine 07808 843779

Zumba with Kay

Mon and Tues evenings
Various locations.
Adults/children.
Call Kay 07585 577598.
Facebook: @ZumbaFitnessWithKay

Hedge End Bowling Club

All year. Beginners welcome. Free Tuition. Equipment provided but please wear flat shoes.
Call Eddie 01489 789479

Junior Park Run

Sundays 9am Dowd's Farm
Free but must register in advance.
www.parkrun.org.uk/dowdsfarm-juniors/

Southern Knights Kickboxing

Weds 7.30pm - 9pm
Over 16s/Adults,
Drummond Centre
Call David 07768 647328



COMMUNITY CLUBS

Hedge End Horticultural Society

3rd Monday monthly
2000 Centre
Call 023 8047 1906.

Over 60s Club

New members welcome.
Mondays 1pm-3.30pm
2000 Centre
Call 01489 311333

Lunch Club

Thursdays.
Members only.
2000 Centre
Call Sarah 07899 717755

31st Itchen North Scout Group

Beavers/Cubs/Scouts
Norman Rodaway Pavilion
amazonseascouts.org.uk

Hedge End Rotary

Meet Tuesdays at Botley Park Hotel, Winchester Rd
Call 0844 879 9034

Hedge End Town Council Junior Youth Club

School Years 5-6
Fridays, The Hub at Wildern Places limited.
Call to book 01489 780440

Hedge End Town Council Friday Night Project

For young people with additional needs.
13 to 24 years.
Call to book 01489 780440

Women's Institute

4th Tues monthly, 6.30pm
2000 Centre
Call Jill 023 8061 6712

Girlguiding Itchen Valley

Rainbows / Brownies:
2000 Centre
www.girlguiding.org.uk

If you'd like to see your club advertised in the Gazette, please email: marketing@hedgeend-tc.gov.uk

CONTACTS AND COMMITTEES



Hedge End Town Council
2000 Centre
St John's Road
Hedge End
SO30 4AF



Town Clerk: townclerk@hedgeend-tc.gov.uk
General: commsofficer@hedgeend-tc.gov.uk
Gazette: marketing@hedgeend-tc.gov.uk



01489 780440



Office hours:
Mon - Thurs **8.30am - 5pm**
Fridays **8.30am - 4.30pm**
Weekends & Bank Holidays: **Closed**

COUNCIL COMMITTEE MEETINGS

All committee meetings are held at the Town Council Office.

All meetings are formal, yet friendly and members of the public are encouraged to attend.

All meetings begin at 7pm, except Highways & Planning on the third Wednesday, which starts at 6.45pm ahead of Full Council which starts at 7.30pm.

COMMITTEE	SEPT	OCT	NOV	DEC
Policy & Resources First Tuesday monthly	5th	3rd	7th	5th
Recreation & Amenities Second Weds monthly	13th	11th	8th	13th
Highways & Planning First & Third Weds* monthly	6th, 20th	4th, 18th	1st, 15th	6th, 20th
Full Council Third Weds monthly	20th	18th	15th	20th

*The Highways and Planning Committee meeting held on the third Wednesday will determine planning applications **only**.

Very occasionally it may be necessary to cancel a meeting - please check our website beforehand.

KEEP UP TO DATE

with the latest council and community news via our social media channels:



[HedgeEndTC](https://www.facebook.com/HedgeEndTC)



[@HedgeEndTown](https://twitter.com/HedgeEndTown)



[HedgeEndTownCouncil](https://www.linkedin.com/company/HedgeEndTownCouncil)



www.hedgeend-tc.gov.uk