

# Volunteering Matters

Eastleigh Edition

January 2021



**V**olunteering Matters provides a monthly round up of volunteering opportunities in the local area, provided by Volunteer Centre One Community. These are only a few of the many available, and we are here to help you find a role to suit you.

To find out more about volunteering, come to one of the events below, have a browse through this newsletter, or go to the website [www.do-it.org](http://www.do-it.org) to find all our volunteering opportunities online. Otherwise, you can call us to make an appointment for a chat on 023 8064 1202 (our Eastleigh Museum outreach) or 023 8090 2400, or ask for information by emailing [volunteer@1community.org.uk](mailto:volunteer@1community.org.uk)



## Jubilee Sailing Trust—local volunteer

The Jubilee sailing trust gives people of all abilities the chance to explore their potential on the tall ship 'Tenacious'. The ship is accessible and offers a fully inclusive adventure on the high sea!

The work of local fundraising groups is essential to keep the Jubilee Sailing Trust tall ship afloat. There are many active fundraising branches around the country; some branches have two or three people and some as many as thirty or forty people. Each branch is very individual and the JST provides support and a framework for each branch to operate.

The work that group members do on behalf of the Jubilee Sailing Trust covers a wide spectrum. Some branches focus more on spreading the word, for example they will run a small PR stand at local events, and some branches focus more on fundraising – organising and running events, such as: coffee mornings, pub quizzes, fun runs, garden parties, themed nights at a local restaurant – your imagination is the only limit.

The branches are an integral part of the fundraising initiatives, which are now more important than ever. The groups provide a network of support and help that is essential, and they are an extremely important part of the JST family. This role would suit anyone who likes being part of a team and would enjoy raising awareness of this valuable charity.



## Volunteer Centre Drop-Ins

**Eastleigh Museum**  
**First Tuesday of the Month**  
**10am-12 Noon**

**Flourish Community Shop**  
**Swan Centre (next to Boots)**  
**Last Thursday of the Month**  
**12 Noon-2pm**

Drop in to talk about  
volunteering.

Please note that drop ins can be subject to change at the last minute due to Covid restrictions. It is advisable to call 023 8064 1202 first to confirm that the drop in is open.

To talk about volunteering at any other time call 023 8064 1202 to make an appointment to suit you.

## Puppy Parent for Canine Partners



Canine Partners transforms the lives of people with physical disabilities by partnering them with assistance

dogs. The amazing dogs bring a greater independence and quality of life to their partners, offering security, companionship, and practical help with everyday household tasks. Canine Partners needs puppy parents who can help provide a home for, and train their puppies, from eight weeks old until they are fourteen months old, when they will be ready to start their advanced training at one of the training centres. Being a puppy parent is a highly rewarding, challenging but fun opportunity. Volunteers experience all the joys and challenges of having a new puppy in the home, helping the puppy to learn how to behave by taking verbal and visual cues. Full training is given and you will need to commit to follow all Canine Partner guidelines.



## Blanket Knitters

The good news is that our Day Centre was able to reopen after the first lockdown in 2020 providing a much needed service to vulnerable residents of Eastleigh borough and their carers. The not so good news is

that it's now winter and the passengers are getting chilly travelling to and from the day centre. Our wonderful buses are out picking up vulnerable day service passengers and dropping them home safely, however inside the bus, despite the heating, older people and disabled people can get cold quickly. We would love some lap blankets to keep everyone warm. If you're looking for a crochet or knitting project then how about a lap blanket? You can choose the colour and design, we need 35 lap blankets in total so please get knitting. We've found some free patterns that you can use, if you'd like to, just pop into the office or take a look on our website.

# Energy Youth Centre



**Require volunteers on a Monday, Tuesday, Thursday and Saturday evenings.**

Do you enjoy a challenge? Like working with younger people?  
Want to develop skills? Make friends?

**We want to hear from you!**

For more information email  
Craig Lockwood at [craig.lockwood@groundwork.org](mailto:craig.lockwood@groundwork.org)



## Volunteer Footpath Warden



Many of us started walking more in 2020, maybe 2021 could be the year to build on that and work with Hampshire Countryside Service to help keep local footpaths and bridleways accessible and enjoyable for all?

As a footpath warden, you choose an area that you would like to work, usually near to your home. You will be asked to walk it quarterly completing a rights of way check as you walk.

Wardens are trained to carry out small scale footpath maintenance and light vegetation clearance, so that you can help the countryside service look after local routes. You will be sent job sheets when issues are reported by the public, for small scale maintenance tasks and taught how to report issues to the local ranger. This role is perfect for anyone who likes to be outdoors and enjoys small scale practical tasks. It's rewarding and helps everyone to get outside and enjoy the great outdoors!

## Springboard Trustee

Springboard Employment and Training Group provides careers guidance, counselling and life coaching. This includes assistance with CVs, advice on job-seeking and interview techniques, and free use of two career-guidance software packages.

This is a rewarding role that gives you the opportunity to make a real difference to people's lives. Springboard trustees work in cooperation with staff and volunteers, to determine the strategic direction of the organisation, they participate in the assessment of opportunities that arise in terms of how they fit both Springboard's capacity and strategy, they support the work of the organisation and help oversee the responsible financial running of the organisation.

This role would suit someone with experience of the development and implementation of strategic ideas, whether from a Voluntary Sector or business background. An interest in employment, unemployment and training matters is essential as is an interest in supporting people in more "difficult" circumstances. Trustees meetings are normally once every three months, with the occasional "Special" meeting.

## One Community Covid19 Support

One Community is still getting shopping for local people who are unable to get their shopping themselves. Many of the calls we are receiving are from people who have recently been near an infected person or who have an underlying health issue meaning that they have to shield. Could you volunteer to do some food shopping, either on an add hoc basis or for a regular client once or twice a week? The client supplies a list, you do the shopping, One Community will reimburse you quickly before billing the client. Our clients have found this bespoke service extremely helpful. Many of them have expressed the relief of knowing we are at the end of the phone. Client requests are assigned by the coordinator to the volunteers, so the level of commitment is chosen by the volunteer. This role can also include collecting and delivering prescriptions to those continuing to shield.



## Help a local group with social media or their webpage

Here at One Community, we can point you in the direction of many voluntary groups that would appreciate some help getting their website up to scratch, or helping them to make the best use of social media. You'll need access to a computer and experience of website design or designing a social media campaign. If you've got a bit of extra time on your hands at the moment, they'd love to hear from you.

## Give to or fundraise for a charity that helps people in need

Many charities are facing significant challenges at the moment, but they are working hard to make sure that the vulnerable and needy are cared for. Many people have suddenly found themselves unable to work, unable to shop, or go about their daily lives, so think of donating to a local charity that supports local people.



## Botley Market Hall



Botley Market Hall

Botley Market Hall is a stately Grade 2 Listed Building, which has been serving the community since the 1850s. It may be a listed building, however it is fully modernised and accessible to all, with all the facilities you may expect for a modern community venue. The Hall is owned and run by a local charity, and relies totally on local volunteers to run it. Why not consider joining them as an occasional volunteer or on the Committee? No experience is necessary

## RSC Eastleigh Community Pantry Volunteers

Volunteers are needed for Eastleigh's new Community Pantry which RSC is opening on 4 January 2021. The opening hours will be Monday, Tuesday, Thursday and Friday mornings, 9.30am-12 noon (volunteers will be needed 9am-12.30pm) and Wednesday evening 4-6pm (volunteers will be needed 3.30-6pm.)

The Pantry aims to support people without enough food, helping them to escape or move on from their current emergency with a 'helping hand' approach. In addition to food, the RCS Pantry provides additional help with budgeting, wellbeing, adult learning and employment. They are looking for volunteers who can commit to a regular shift each week, or more if you'd like! Get in contact to find out more.



For further information

023 8090 2458

Find all our opportunities

[www.do-it.org](http://www.do-it.org)

Email

[volunteer@1community.org.uk](mailto:volunteer@1community.org.uk)

Website

[www.1community.org.uk](http://www.1community.org.uk)

Registered charity number

1052978

Company limited by guarantee

3132524

Volunteer Centre

One Community

is funded to work in Eastleigh by

Eastleigh Borough Council

Hampshire County Council

Eastleigh Edition



ONE COMMUNITY CHEERS ON THE NEW

# Eastleigh Community Pantry

Coming soon to the Cable Works.  
Email: [rcscommunitypantry@romsey.hants.sch.uk](mailto:rcscommunitypantry@romsey.hants.sch.uk)  
or call the pantry team on 01794522106.

One Community is registered in England as a company limited by guarantee no 3132524 and as registered charity no 1052978